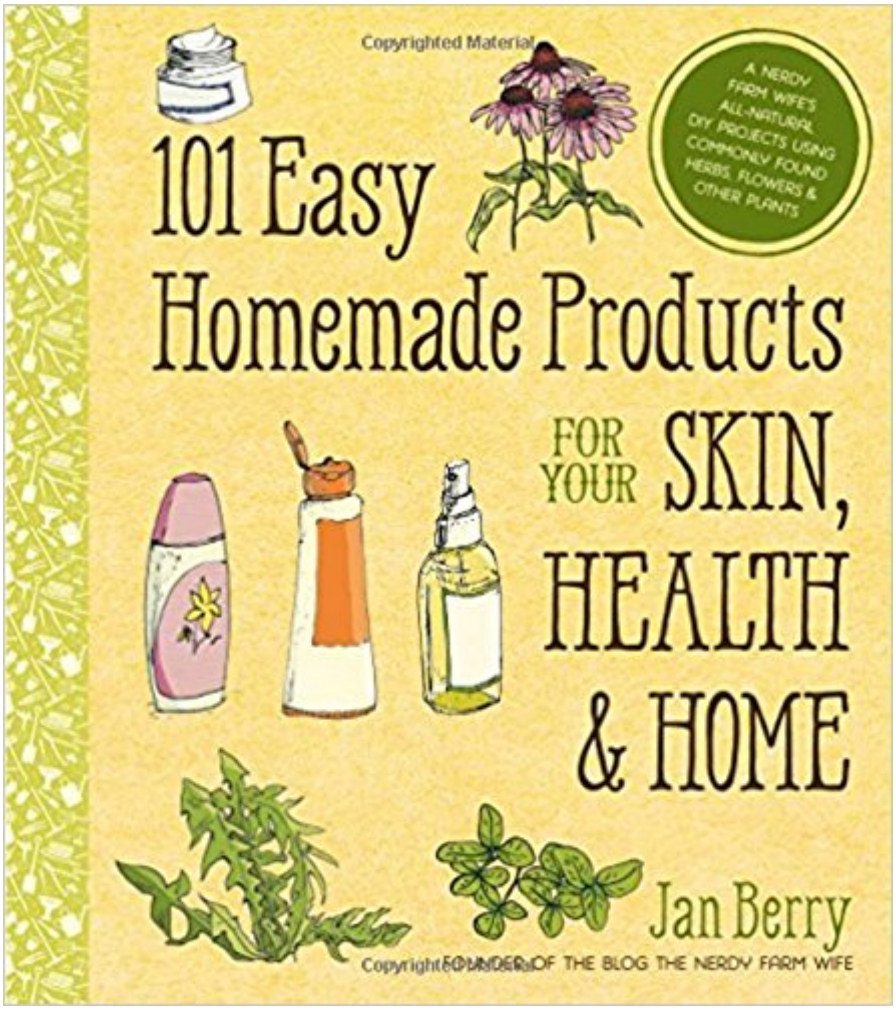
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101 Easy Homemade Products For Your Skin, Health & Home: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers & Other Plants




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Synopsis

Go Green in Every Part of Your Life with These Easy, All-Natural Herbal ProductsKick toxic, synthetic skin care products and cleaners out the door and bring the healing joy of nature into your life with the simple, versatile projects in 101 Easy Homemade Products for Your Skin, Health & Home. In this incredible resource, Jan Berry teaches you the basics of making your own skin care and hair care products, health remedies and household cleanersÃ¢â ¬â ¢then how to customize them into truly unique and personalized items! YouÃ¢â ¬â„¢ll learn how to make:- Honey, Rose & Oat Face Cleanser- Cool Mint Body Wash- Basic Calendula Lotion- Floral Salt Foot Scrub Bars- Basil & Lime Lip Balm- Lavender Oatmeal Soap- Violet Flower Sore Throat Syrup- Thyme Counter Cleaner- Lavender Laundry Detergent- And so much more!All of the projects are easy to make and use commonly found herbs, flowers, oils and other natural ingredients. No fancy equipment or previous experience required! If you donÃ¢â ¬â„¢t have a certain ingredient on hand, Jan provides tips on how to substitute and what works best. Going green has never been easier or more affordable. With this book, you can use local, natural ingredients to make something beautiful, effective and good for you and your family.

Book Information

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Best Sellers Rank: #25,720 in Books (See Top 100 in Books) #7 inÃ Â Books > Crafts, Hobbies & Home > Crafts & Hobbies > Nature Crafts #10 inÃ Â Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Style & Clothing #32 inÃ Â Books > Crafts, Hobbies & Home > Sustainable Living

Customer Reviews

Ã¢â ¬Å“If I could only choose one book to lead me from garden to kitchen to make my own body care products, this would be the one. This book is a keeper!Ã¢â ¬Â•Ã¢â ¬â ¢Marlene Adelmann,

founder and director of The Herbal Academy Ã¢â ¬Å“This book is full of tested recipes and solid instructions. It has a little bit of everything. I love the practical tips for handling ingredients and safely storing your handmade products.Ã¢â ¬Â•Ã¢â ¬â ¢Anne-Marie Faiola, founder of SoapQueen.com, owner of Bramble Berry and author of Soap Crafting and Pure SoapmakingÃ¢â ¬Å“Beautifully arranged and photographed! Jan has finally taken her wonderful recipes and gorgeous photography and created a dreamy handcrafterÃ¢â ¬â„¢s guide. Her whimsical formulas combine play and purpose, making this a useful book to enjoy year-round.Ã¢â ¬Â•--Holly Bellebuono, director The Bellebuono School of Herbal Medicine and author of The Essential Herbal for Natural Health and The Healing KitchenÃ¢â ¬Å“So many books provide recipes for the do-it-yourselfer to make at home, but few give you tips for how to craft your own recipes. IÃ¢â ¬â„¢m excited to make JanÃ¢â ¬â„¢s recipes, but over-the-moon about the idea that her readers will be encouraged to source simple ingredients from the backyard and get creative in the kitchen to make natural bodycare products at home!Ã¢â ¬Â•-Dawn Combs, author of Heal Local and co-owner of Mockingbird MeadowsÃ¢â ¬Å“Whether you have a small handful of dried calendula in the cupboard or a yard full of dandelions you want to put to good use, Jan Berry is your best friend. The deep connection she has with the plants she works is evident as she introduces you to their personalities and dreams up simple and creative ways to invite them into your home. Ã¢â ¬ËœNerdyÃ¢â ¬â„¢ doesn't quite describe this farm wife's enthusiasm for herbsÃ¢â ¬â ¢she's pure genius!Ã¢â ¬Â•-Rachael Brugger, managing editor at HobbyFarms.com and UrbanFarmOnline.com

Jan Berry is the writer and photographer of the blog The Nerdy Farm Wife, where she shares creative ways to turn herbs, flowers and other garden plants into pretty things that are fun and practical. She writes regularly for HobbyFarms.com and Natural Herbal Living magazine. Her projects have been featured on Natural Living Mama, Empress of Dirt, Lovely Greens, BuzzFeed, Money Saving Mom, the Bulk Herb Store Blog and more. She lives on a farm in the Blue Ridge Mountains of Virginia with her husband, two children and a menagerie of farm animals.

I have been making my own face creams for years, but I was looking for some new inspiration and this is it! It has a huge variety of recipes to try including skin care (cleaners, toners, and masks), salves and balms, body butters and lotion bars, creams and lotions, bath soaks and scrubs, lip care, hair car, homemade soaps, home remedies, nontoxic cleaners for your home, and all-natural pet care.I love the format of the book. It is very earthy feeling with type-writer style text and beautiful full-cover photographs of EVERY SINGLE RECIPE!!! I can just sit down and flip thru this book and

get so motivated to try it myself.Recipes are easy to follow. I was jazzed to learn about herbal infusions and home made soap. This book covers it in a simple way and opens up a new world for me of homemade, all natural products.I love this book!!! Check out my photos of examples of this lovely book.

I am a long time follower of Jan’s blog The Nerdy Farm Wife so I was quick to preorder this knowing how great her recipes are. She is a concise writer of recipes, with easy to follow instructions. I am cautious in trying new things and her straightforward approach got me making some salves and lotion bars. I’m excited to try some new things in this book.About the book itself:The photos are gorgeous. The spine of this book is unique, a combination of glue and string bound that allows for it to open wide and stay open from any spot in the book - which I think is such an attention to detail for a cookbook.What’s inside:Skin care, salves & balm, body butters & lotion bars, creams & lotions, soaks & salts, bath melts & scrubs, lip care, hair care, handmade soaps, home remedies, household solutions, and pet care. There’s a great intro to the supplies you’ll be using as well as a thorough index. Any skill level will find something to enjoy in this book.

This book is just what I was looking for to make my own products. The book itself is very nice, with beautiful pictures. The instructions are written to where you can understand what you are doing and the items needed are available. I am glad I picked this book to purchase.

Accessible and inspiring projects. I have made several things already and they all turned out very well. Would be great for beginners. I am an experienced herbalist but still found this book to be fun and very useful.

AMAZING recipes and ideas! I never knew the "weeds" in my own yard could benefit my self and my family in so many ways. I absolutely love all the recipes and suggestions in this book. I hope she writes more!

I used some of her recipes from her blog so I decided I would support her and buy the book. So glad I did. It’s great to have everything right in front of you rather than on your computer or in my messy notes. Lot of great recipes in it.

Since I started making soap and beauty products of my own a couple of years ago, I have been

waiting for a book exactly like this. So many people say that they are making soap and beauty products to get away from using chemicals in store bought products, only to get swept into the temptation to use the very same ingredients in their own products...color is one. Jan takes her book to the place where I want to be....she picks the plants, she processes them and they become wonderful products for the skin, free from chemicals, colorants and fragrance oils. I am in love with this book. I have already used her ideas to springboard some of my own, and have had success with every one of her recipes that I have tried. If she writes another book...I'll be waiting for it! If you know anyone who has a garden, or the inclination to make simple recipes, this is uncomplicated, with a few honest ingredients. Buy it!

Excellent book! Has many awesome recipes and they work!! I am constantly making products from here all the time, and my customers love it!Easy to read, the recipes are easy to follow too.

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For Cleaning And Organizing, Increased Productivity, Declutter your Home (DIY Home Improvements, DIY Household ... And Organizing, Increase Productivity) How To Dry Herbs At Home: The Ultimate Guide To Drying Herbs (Herb Gardening, Herbs And Spices, Condiment Recipes, Condiment Cookbook, Herbal Recipes, ... Mixing Herbs, Spices, Sauces, Barbecue) 10 Easy Homemade Organic Lotion Bars: DIY Easy Organic Lotion Bar Recipes From Natural Ingredients, good for all skin types Homemade All-Natural Makeup and Beauty Products: DIY Easy, Organic Makeup, Face & Body Cosmetics Recipes The Mario Badescu way to beautiful skin: How to have radiant, healthy skin using the techniques and all-natural formulas of one of America's leading skin care specialists Air Plants: A Beginners Guide To Understanding Air Plants, Growing Air Plants and Air Plant Care (Air Plants, Ornamental Plants, House Plants) Organic Homemade Lotion Recipes - For All Skin Types (The Best Lotion DIY Recipes): Lotion Making For Beginners (organic lawn care manual, organic skin care, beauty and the beast) Simple & Natural Soapmaking: Create 100% Pure and Beautiful Soaps with The Nerdy Farm WifeÃ¢â ¬â„¢s Easy Recipes and Techniques Homemade Organic Bath and Shower Products: DIY All-Natural Bath Salts, Bath Milks, Bath Bombs, Shower Gels, Bubble Baths, Bath Teas, Body Scrubs, Body Cleansers and Suds Bowes and Church's Food Values of Portions Commonly Used (Bowes & Church's Food Values of Portions Commonly Used)

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